



REHACARE

International

Fachmesse für Rehabilitation und Pflege
Trade Fair for Rehabilitation and Care

Düsseldorf, Germany | 23–26 September 2026
www.rehacare.de



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Press Release

REHACARE 2026: independent living has many voices

Community creators bring their perspectives to Düsseldorf

Düsseldorf, 14 September 2026 – Coming together to talk about barriers, medical aids, prejudices, visibility, family, work, mobility and independent living. Above all, however, they speak from experience: At REHACARE 2026 community creators, activists as well as voices from the disability community become the trade fair's key sources of impulse.

From 23 to 26 September REHACARE in Düsseldorf will bring together people involved in rehabilitation, prevention, inclusion and nursing care. These include companies, associations, politicians, care practitioners and specialist retailers, but increasingly also those this is essentially all about: people with impairments, chronic conditions and their relatives.

Under the guiding theme “Independent Living” REHACARE will show what inclusion means in concrete terms revolving not only around products, technologies and care solutions. It will also address the question of how people can live, work, travel, care for themselves, become visible and shape their own everyday lives.

“REHACARE is the platform where innovation, care and the human perspective come together. Especially voices from the community reveal what is ultimately at stake here: mobility, everyday routines, inclusion and an independent life,” says Hannes Niemann, Director REHACARE International.

A central new meeting point is the Community Hub by X Carstens and REHACARE in Hall 7. Here the assistive technology and disability community will be given a dedicated stage for all four trade fair days. Around 20 creators as well as influencers from the community will be present. They will read, discuss, tell stories, moderate, answer questions and meet with the people who would normally follow them on Instagram, TikTok or YouTube.



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This means that digital visibility will turn into real-life encounters. People who speak online about their everyday lives with disabilities, about medical aids, barriers, body images, family, care, mobility or rights can be experienced in person at REHACARE. They are experts in their own right and provide exposure for what is often overlooked in the typical expert debate: the everyday perspective.

The Community Hub programme will feature personal stories, talks, roundtables, readings, entertainment and Meet & Greet opportunities. The protagonists will include actor, comedian and moderator Tan Caglar (@tan_caglar), author and creator Hülya Marquardt (@huelya_dennis) as well as Wioletta Wyrwol, known as “The One-Armed Lioness” (@wioletta.wyr). They all represent different life journeys, experiences and topics within the community.

Likewise, the REHACARE Report 2026 shifts the perspective of persons concerned centrestage. On 23 September REHACARE will present results from the report on the provision of medical aids in Germany. Under the guiding theme “Support System or Savings System?” voices from the community, public, care and stakeholder associations will discuss what quality provision of medical aids has to deliver in everyday life.

This media and community debate will be facilitated by Sabrina Lorenz (@fragmentsofliving), activist and podcaster. Panellists include André Dietz (@andredietz), actor and author, Moritz Brückner (@moritzbrueckner), para-athlete, speaker and community ambassador, Kirsten Abel, Secretary General of the health-policy initiative “Wir versorgen Deutschland” as well as Barbara Kleinow, board member of BAG SELBSTHILFE.

On Friday, Tanja Kollodzieyski, known as “Rollifraeulein” (Miss Wheely) on Instagram (@rollifraeulein), will speak together with Dr. Monika Rosenbaum from the “NetzwerkBüro Frauen und Mädchen mit Behinderung/chronischer Erkrankung NRW” (NetworkOffice Women and Girls with Disability/Chronic Condition North Rhine-Westphalia) about the opportunities and limits of AI for women with impairments under the title “Hey AI, make everything inclusive!”.



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Community Day: dialogue and impulse on the trade fair Saturday

Another highlight will be the Community Day on Saturday, 26 September. Facilitated by Moritz Brückner (@moritzbrueckner) this day will present further community protagonists on stage. These voices include Jana Sophie Gottert (@nocolon.stillrollin), Dennis Winkens (@wheelyworld), Brenda Meisel (@brendaempunkt) and Nika Sky (@2.5hands). Working as a model, content creator and Adaptive Fashion Advocate, Nika Sky is one of the prominent voices of REHACARE and faces of social-media communication. She links personal experiences with questions of self-efficacy, technology and inclusion.

On the Community Day encounter and networking will be a special focal point. Visitors will be able to enter into dialogue with creators, ambassadors and people from the community, ask questions and take home new perspectives. It is all about visibility, education and that feeling you are not alone.

REHACARE 2026 makes it perfectly clear: the community is not only the target group of the trade fair – it co-shapes it. It puts topics on stage, gives visibility, provides orientation and demonstrates how versatile independent, self-determined living is today.

REHACARE 2026

23 – 26 September 2026

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For more information go to: www.rehacare.de



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Accreditation for the press and content creators:

<https://www.rehacare.de/de/media-news/akkreditierung>

Visuals and video footage for the Community Hub are available under the following link:

[mediakit COMMUNITYHUB.zip](#)

Visuals and video footage for the media and creator event as well as the Community Day are available under the following link:

<https://www.rehacare.de/de/media-news/presse-material>

About REHACARE

REHACARE is the world-leading trade fair for rehabilitation, prevention, inclusion and care. Under the guiding theme of “**Self-Determined Living**” it brings together people with disabilities, chronic diseases and their relatives with international solutions providers, starts-ups, specialist medical and orthopaedic supplies retailers, associations as well as stakeholders from the fields of politics, healthcare and science.

As an international innovation, business and community platform REHACARE links products and technologies with knowledge transfer, personal experience and social debate.

REHACARE China established in 2023 and held at the Suzhou International Expo Center means the brand is also represented on the Asian market and has already become established as a key platform there. The portfolio now also includes the AccessAbilities Expo in Dubai, the biggest specialised event for people with disabilities in the Middle East. It presents the latest assistive technologies and solutions that promote inclusion and accessibility in one of the world's most dynamic regions.

The 8th edition of the AccessAbilities Expo will be held at the Dubai World Trade Centre from 19 to 21 October 2026.



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